

What? (Key Knowledge)**Growth**

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| Growth in animals | Animals become older and change as time passes |
| Example of animal growth | Egg > chick > chicken |
| Example of Human growth | baby > toddler > child > teenager > adult |
| adult | A fully-grown animal or plant. |
| offspring | The child of an animal |
| reproduce | When live things make a new living thing of the same kind |
| Life cycle | The changes living things go through to become an adult. |
| develop | To grow and become stronger |
| Young | Offspring that has not reached adulthood. |

Survival

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| Things animals need to survive | Water, food, air and shelter |
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Human Survival

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| Things humans need to survive | Water, food, air and shelter |
| Things humans need to be healthy | <ol style="list-style-type: none"> 1. To have a balanced diet of the right amount of different types of food and drinks 2. To exercise regularly 3. To be hygienic |

Knowledge

- Describe what animals need to survive
- Explain that animals grow and reproduce
- Explain why animals have offspring
- Describe the life cycle of living things
- Explain the basic needs of animals, including

humans

- Describe why exercise, balanced diet and hygiene are important for humans.

Animal food chains

To stop illness and infections spreading, we must be hygienic and keep ourselves clean.

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| Diet | The food and water animals need |
| Exercise | A physical activity that keeps your body fit. |
| Energy | The power needs to carry out tasks |
| Disease | Illness or sickness |
| Hygiene | How clean something is and prevent disease |
| Nutrition | Food needed to survive |

Diagrams and Symbols**Eat well Guide****The Life Cycle of a Frog**

All young animals change at different stages as they grow into adults.

